

Course Outcome Guide (COG)

Course: HPER 208	Introduction to Physical Education	Credits:	3	Date Updated:	4/6/18
Course Description:	This course is designed for prospective physical education majors. It is also designed for individuals in related fields such as training, recreation, coaching, or other career opportunities. The course includes emphasis on historical, cultural, social, and scientific foundations. The course will also explore current issues and problems in the field today. The course will also explore career teaching and non-teaching career opportunities.				
Concepts and Issues	Process Skills	Assessment Tasks	Intended Outcomes		
			Course	General Education or Program	Institutional
<ul style="list-style-type: none"> • Foundations and history of PE • Objectives of PE • Current issues and trends in PE • Importance of personal philosophy • Careers both teaching and non-teaching 	<ul style="list-style-type: none"> • Improve insight into the foundations of Physical Education (PE). • Develop an appreciation for the historical perspective of PE. • Identify objectives of PE. • Understand the relationship between PE and sport. • Identify issues, problems, and trends confronting the profession today. • Develop a personal philosophy of PE. 	<ul style="list-style-type: none"> • Examinations • Written or oral assignments • Online discussions and/or completion of assignments 	<ul style="list-style-type: none"> • Identify desired outcomes of PE • Develop ideas about the role of PE and sport in society • Examine issues, challenges, and future of PE and sport • Identify different career paths for PE majors 	<ul style="list-style-type: none"> • Students will apply health-related knowledge to promote physical and mental well-being. 	<ul style="list-style-type: none"> • Students will apply health-related knowledge to promote physical and mental well-being.