

# Course Outcome Guide (COG)

<b>Course: HPER 216</b>	Skill Themes & Movement Concepts for Elementary School	<b>Credits:</b>	3	<b>Date Updated:</b>	4/6/18
<b>Course Description:</b>	The student will be introduced to skill themes, movement concepts, dance rhythms, gymnastics and game related activities for the K-6 physical education program.				
Concepts and Issues	Process Skills	Assessment Tasks	Intended Outcomes		
			Course	General Education or Program	Institutional
<ul style="list-style-type: none"> <li>• Movement Training</li> <li>• Coordination and Spatial awareness</li> <li>• Skill Themes</li> <li>• Planning and Implementation</li> <li>• Fitness and Healthy Living</li> </ul>	<ul style="list-style-type: none"> <li>• Movement Concepts</li> <li>• Motor Skills Development</li> <li>• Spatial Awareness</li> <li>• Planning and Implementation of Physical Education Curriculum</li> <li>• Fitness and Healthy Living</li> <li>• Balance, throwing, jumping, rhythmic movements, and coordination</li> <li>• Observing PE instructor at elementary</li> </ul>	<ul style="list-style-type: none"> <li>• Examinations</li> <li>• Written or oral assignments</li> <li>• Participation in online discussions and/or completion of assignments</li> <li>• Observing hours</li> <li>• Lesson planning and implementation</li> </ul>	<ul style="list-style-type: none"> <li>• Demonstrate competence in teaching skill themes and movement concepts</li> <li>• Investigate various types of games through lecture and active participation in class.</li> <li>• Demonstrate movement concepts through lesson plan delivery and active participation in class activities.</li> </ul>	<ul style="list-style-type: none"> <li>• Students will apply health-related knowledge to promote physical and mental well-being</li> </ul>	<ul style="list-style-type: none"> <li>• Students will apply health-related knowledge to promote physical and mental well-being</li> </ul>