

## Course Outcome Guide (COG)

| <b>Course:</b>   | HPER 250 Varsity Athletics   | <b>Credits:</b>  | 1   | <b>Instructor:</b>  | Various   |
|--|--|--|---|---|---|
| <b>Course Description:</b>   | Daily practice and participation in intercollegiate athletics, including baseball, basketball, golf, and volleyball. Repeatable for credit.  |  |   |   |   |
| Concepts and Issues  | Process Skills   | Assessment Tasks   | Intended Outcomes   |   |   |
|  |  |  | Course  | General Education or Program  | Institutional   |
| <p>Sport strategy as to its play</p> <p>Rules and Regulations that apply to the sport</p> <p>Preparation and participation</p> <p>Teamwork</p> | <p>Demonstrate knowledge and understanding of and participation in the sport</p> <p>Conduct oneself as a member of a common team respecting other members, other teams, officials and fans</p> | <ol style="list-style-type: none"> <li>1. Participate in practice and game situations</li> <li>2. Explain rules, regulations and policies demonstrating an understanding through proper adherence to them</li> <li>3. Demonstrate conduct as set forth by the coaches and athletic department</li> </ol> | <p>Participate in the activities and services that promote teamwork development.</p> <p>Develop a knowledge base and the skills necessary to participate in sport at the college level.</p> <p>Compete fairly respecting all others involved in the sport</p> | <p>Students will apply health-related knowledge to promote physical and mental-well-being</p> | <p>Students will apply health-related knowledge to promote physical and mental well-being ILO 4</p> |