

Course Outcome Guide (COG)

Course:	MASG 150 Myokinesiology I	Credits:	3	Instructor:	Wendy McGinley
Course Description:	<p>Pre-requisite: Admission to the Massage Therapy Program. Students will be able to: 1) observe the surface anatomy of the body and confidently explore the skin and fascial structures of the body; 2) palpate the bones and bony landmarks of each body region and explore the connections between them and the soft tissues; 3) palpate each muscle from origin to insertion, feeling and describing its overall shape, edges, and fiber direction(s); 4) palpate the major joint structures, including ligaments and bursae, that are common sites of pain and injury in the region; and 5) palpate landmarks within each body region that identify the location of various endangerment sites.</p> <p>Myokinesiology I covers: 1) Navigating the Body, 2) Shoulder & Arm, 3) Forearm & Hand, 4) Spine & Thorax</p>				
Concepts and Issues	Process Skills	Assessment Tasks	Intended Outcomes		
			Course	General Education or Program	Institutional
<p>Bones</p> <ul style="list-style-type: none"> a. names b. locations c. functions <p>Landmarks</p> <ul style="list-style-type: none"> a. names b. locations c. attachments <p>Articulations</p> <ul style="list-style-type: none"> a. structure b. function c. location d. name <p>Muscles</p> <ul style="list-style-type: none"> a. names b. locations c. structures d. function <p>Nerves</p> <ul style="list-style-type: none"> a. names b. locations c. structures d. function <p>Assessment</p> <ul style="list-style-type: none"> a. palpation b. observation 	<ol style="list-style-type: none"> 1. Demonstrate knowledge and understanding of the structure, functioning, texture and appearance of the following: <ol style="list-style-type: none"> a. The shoulder & arm region. b. The forearm & hand region. c. The spine & thorax region. 2. Perform palpation and other common assessment techniques of the shoulder, arm, forearm, hand, spine & thorax regions. 	<ol style="list-style-type: none"> 1. Complete textbook readings demonstrating mastery of concepts and issues. 2. Complete examinations and quizzes demonstrating mastery and understanding of concepts and issues. 3. Complete worksheets demonstrating mastery of concepts and issues. 4. Participation in class. 	<p>Students will be able to:</p> <ol style="list-style-type: none"> 1. Relate knowledge of the skeleton, articulations, muscles, nerves and how they are normally structured, function, feel and appear. 2. Assess the difference in function, structural characteristics, feel and appearance of the Shoulder and Arm, Forearm and Hand, & Head, Neck and Face. 3. Assess body movement and texture to determine what and how body parts are functioning. 3. Integrate knowledge and skills in healthcare programs. 	<p>Students will be able to design and implement individualized treatment plans. (3)</p>	<p>Students will use reasoning skills to analyze and solve problems. (2)</p>

