

Course Outcome Guide (COG)

Course:	MASG 220 Swedish Massage II	Credits:	3	Instructor:	Wendy McGinley
Course Description:	Pre-requisite: Admission to the Massage Therapy Program. Students continue the application of techniques and theory of Swedish massage. Students will apply these techniques to the remaining regions of the body.				
Concepts and Issues	Process Skills	Assessment Tasks	Intended Outcomes		
			Course	General Education or Program	Institutional
<p>A. Massage techniques: effleurage, petrissage, tapotement, nerve stroke, friction</p> <p>B. Documentation: SOAP note</p> <p>C. Professional behavior: conduct, language, time management, verbal/non-verbal communication</p> <p>D. Environment: sanitary protocols, organization, conducive to relaxation.</p> <p>E. Treatment: indications/contraindications, precautions, safety.</p>	<p>A. Demonstrate knowledge and techniques of massage and apply them properly.</p> <p>B. Maintains client (student) files.</p> <p>C. Demonstrate appropriate interaction with students and faculty.</p> <p>D. Maintain appropriate clinical environment.</p> <p>E. Synthesizes other course information to provide safe and appropriate treatment.</p>	<p>A. Demonstration of appropriate techniques.</p> <p>B. Completes appropriate documentation.</p> <p>C. Demonstrates professional behavior.</p> <p>D. Student feedback forms.</p> <p>E. Participation in class</p>	<p>The student will be able to:</p> <ol style="list-style-type: none"> 1. Demonstrate skill in various Swedish massage techniques. 2. Demonstrate a full body massage. 3. Comply with guidelines set by state laws, code of ethics and standards of practice. 	<p>3. Students will be able to explain and perform a full-body massage treatment.</p>	<p>4. Students will apply health-related knowledge to promote physical and mental well-being.</p>

