

Course Outcome Guide (COG)

Course:	MASG 260 Advanced Massage Tech	Credits:	4	Instructor:	Wendy McGinley
Course Description:	Pre-requisite: Admission to the Massage Therapy Program. Students will learn a variety of techniques that complement Swedish Massage including: trigger points, counterstrain, muscle energy technique, sports massage, PNF, traditional Chinese medicine, essential oils, heats & colds, lymphatic drainage, craniosacral, Ayurveda, and reflexology.				
Concepts and Issues	Process Skills	Assessment Tasks	Intended Outcomes		
			Course	General Education or Program	Institutional
<p>A. Advanced massage techniques: trigger points, counterstrain, MET, sports massage, PNF, traditional Chinese medicine, essential oils, heats & colds, lymphatic drainage, craniosacral, Ayurveda, reflexology</p> <p>B. Documentation: SOAP note</p> <p>C. Professional behavior: conduct, language, time management, verbal/non-verbal communication</p> <p>D. Environment: sanitary protocols, organization, conducive to relaxation.</p> <p>E. Treatment: indications/contraindications, precautions, safety</p>	<p>1. Demonstrate knowledge and advanced techniques of massage and apply them properly.</p> <p>2. Maintains client (student) files.</p> <p>3. Demonstrate appropriate interaction with students and faculty.</p> <p>4. Maintain appropriate clinical environment.</p> <p>5. Synthesizes other course information to provide safe and appropriate treatment.</p>	<p>A. Demonstration of appropriate techniques.</p> <p>B. Completes appropriate documentation.</p> <p>C. Demonstrates professional behavior.</p> <p>D. Complete examinations, quizzes, and worksheets demonstrating mastery and understanding of concepts and issues.</p> <p>E. Participate in class.</p>	<p>With each Advanced Technique the student will be able to:</p> <p>A. Prepare client, treatment areas, and equipment for massage treatments</p> <p>B. Understand, implement, and explain the rationale for the various advanced techniques and theories</p> <p>C. Perform the various massage techniques with beginning skill level</p> <p>D. Document accurately the techniques performed and the client's response to treatment</p>	<p>4. Students shall design appropriate treatment based on respecting the diverse needs of clients.</p>	<p>2. Students will use reasoning skills to analyze and solve problems.</p>